

Fun in the sun

School's out in a matter of weeks, and Metro's got you covered with our summer-camp guide PAGES 18-23

BIEBER TAKES A TUMBLE

SINGER REPORTEDLY SUFFERS CONCUSSION

AFTER SMACKING INTO WALL PAGE 14



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Monday, June 4, 2012









Flotilla marks Queen's reign

London. Diamond Jubilee celebrations include thousands of street parties across Britain on Sunday

The River Thames became a royal highway Sunday, as Queen Elizabeth II led a motley but majestic flotilla of more than 1,000 vessels in a waterborne pageant to mark her Diamond Jubilee.

In a colourful salute to the island nation's maritime past, an armada of skiffs and sailboats, rowboats and paddle steamers joined a flower-festooned royal barge down an 11-kilometre stretch of London's river

With a crowd of rain-soaked spectators estimated by organizers at 1.25 million cheering from the riverbanks, the pageant was the largest public event in four days of celebrations of the monarch's 60 years on the throne. On Monday, the Queen will join thousands of revellers at an outdoor concert Buckingham Palace, headlined by pop royalty including Paul McCartney and Elton John.



With any luck, the weather will improve. Sunday was dismal and damp, with rain scuttling plans for a ceremonial fly past, but that didn't stop Union Jack-waving spectators forming a red, white and blue wave along the pageant route.

"It would have been won-derful if it had been sunny like last Sunday, but we have come prepared," said 57-year-old Christine Steele. "We have got blankets, brollies (umbrellas), flags and bunting."

The 86-year-old wore a silver-and-white dress and matching coat for her trip aboard the barge Spirit of Chartwell, decorated for the occasion in regal red, gold and purple velvet.

Her grandson, Prince William, and his wife, the Duchess of Cambridge — he in his Royal Air Force uniform, she in a red Alexander McQueen dress and William's brother, Prince Harry, were among senior royals who joined the Queen and her husband, Prince Philip.

The vessels sailed past some of London's great landmarks — including the Houses of Parliament, the London Eye and St. Paul's Cathedral — before ending their journey near Tower Bridge. THE ASSOCIATED PRESS



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Missing person

\$150K reward for info on Matheson

The Department of **Justice** is offering a cash reward of up to \$150,000 for information leading to the arrest of anyone involved in



the 1992 disappearance of Allen Kenley Matheson. Matheson was seen at the Crowell Tower at Acadia University on Sept. 20, 1992. The next day he was spotted on Main Štreet in Wolfville, Call the Rewards for Major Unsolved Crimes Program at 1-888-710-9090.

Murder investigation

Glace Bay scoured where húman remains found

Police say they have executed search warrants in connection with human remains that were found on the Mira River. Cape Breton Regional Police say officers searched three locations for evidence in Glace Bay on Saturday. Police say the remains of a 21-year-old woman from Northside were found inside a hockey bag and floating on the river on May 25 in Marion Bridge. THE CANADIAN PRESS

Shooting investigation

Man shot himself in hand: Police

A 30-year-old man is under investigation for allegedly shooting himself Sunday. Police were called to Montgomery Court at about 1 p.m. after a man called for an ambulance. Officers believe he was cleaning a firearm when he shot himself in the hand. He suffered non-life threatening injuries. jennifer taplin/metro



Police search for Newcombe's killer

Witnesses. Police asking public to come forward with any info on latest homicide



ALEX **BOUTILIER**

Halifax Regional Police are requesting the public's help in identifying John Fulton Newcombe's killer

Newcombe, 27, was gunned down outside Winston's Bar on Lacewood Drive early Friday morning. Newcombe was leaving the bar around 2 a.m. when he was shot. He died at the scene.

Police do not believe the shooting was random.

"He had just come out of the bar when he was shot, and that the suspect fled back through (a) walkway towards Willett Street," said HRP spokesman Const. Brian Palmeter on Sun-day. "We don't know where they went after that.'

Palmeter refused to comment on media reports indicating that Newcombe was killed "execution style," but said that police believe the suspect knew ĥis target.

"We said we believe he was specifically targeted ... that the shooter was targeting, was 2012 count

Halifax has had seven homicides so far in 2012. Three cases have been solved

there and specifically targeted the victim," Palmeter said.

"I would never use that term execution style.' I mean, generally when we have a homicide of this nature the person is specifically targeted. Certainly, we believe that the person or persons responsible went there and specifically were looking to shoot (Newcombe).

Palmeter said Newcombe

was known to police

Newcombe's death comes after a spate of gun violence in the city that has left residents shaken.

HRM saw three separate shootings in three days last weekend, leaving four injured and one dead.

Two of those shootings are believed to be drug-related. The third incident, where a 19-year old was shot and injured on Creighton Street, is believed to be random.

The shootings prompted police Chief Frank Beazley to appeal to the public last week. Beazley said unco-operative witnesses are stalling police investigations into the shootings.

NEWS

On the web

Iubilee Rovals floating on

1,000 boats sailed down London's River Thames on Sunday in a flotilla tribute to Queen Elizabeth II's Diamond Jubilee. Check out the slideshow at metronews.ca

Mobile news







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Live and let olive

Extra Virginity. Author and olive oil enthusiast lead tasting at local artisan shop

To begin the proper olive oil tasting, journalist Tom Mueller warmed a small blue, tulip-shaped glass of the stuff in one hand, careful to trap the rich aromas inside with

After a deep whiff, he sipped about a half-teaspoon of the Spanish Arbequina, a more mild selection, and, with a few short, loud slurping sounds, released the oil's flavours before swallowing. He noted an initial freshness and a slight growing bitterness at the back of the

"It's exactly like wine," said Mueller at a book signing in the Liquid Gold Tasting Bar & All Things Olive at the Hydrostone. "It's that complex. People don't get that.

In his book, Extra Virginity: The Sublime and Scandalous World of Olive Oil, Mueller offers an inside look at the slick substance's storied history and what he calls the crooked and dishonest industry bringing it to our supermarket shelves.

"I live in a place where a lot of people are struggling to make a living making good olive oil, and they're being undercut by the crap.

Tom Mueller, author of Extra Virginity: The Sublime and Scandalous World of Olive Oil

He said there simply is no comparison between the artisan oils and the store-bought variety, which he calls "unspeakable garbage," that is often refined and deodorized illegally, sometimes isn't actually made from real olives, and is definitely not "extra

virgin," as the labels suggest. He touts the health benefits of the good stuff and encourages consumers to choose fair trade distributors over the big brands, which he says defraud unsuspecting consumers while driving down costs and forcing local farmers to close their orchards.

Halifax native Myrna Burlock opened her first Liquid Gold store in Halifax two years ago with her husband, Bill Mc-Arthur, and has since opened two more in Charlottetown and Saint John. She said her business has been supported by the "foodie" communities surrounding those locations,

- Olives are fruit, and according to author Tom Mueller, true extra virgin olive oil is, essentially, fresh-squeezed, unadulterated fruit juice.
- In this pure, or "extra virgin" form, the oil contains antioxidants. anti-inflammatories and other nutrients which, research suggests, can lower the risk of heart disease, stroke, certain cancers and other dis-
- Access to pure, fresh oil and its prevalence in Mediterranean cuisine has been linked to a lower incidence of those ailments in the region, said Mueller.
- He said name brand oils are hardly pure, may not necessarily be bad for you, but refining processes and an increased tree-to-table time remove some of their beneficial components.

and, like Mueller, wants to spread the word about honest 'extra virgin" oils as an alternative to the cheaper choices that only pretend to be so.



Retain protected ridings, commission recommends

The commission charged with redrawing the province's political map is recommending keeping four so-called "protected" ridings for Acadian and African Nova Scotians.

The recommendation flies in the face of the committee's terms of reference, decided by an all-party committee of the legislature, which requires the number of electors in each constituency to be within 25 per cent of the provincial average.

Commission chair Teresa



MacNeil released her interim

report on provincial elec-toral boundaries on Friday. In it, the commission recommended keeping the number of ridings at 52, removing one seat from both Cape Breton and mainland Nova Scotia and adding two to Halifax.

It also recommends keeping the four ridings designated for Acadian and African Nova Scotian representation — Preston, Argyle, Claire and Richmond — despite all four falling well short of the 25 per cent rule.

That prompted a cool re-ception from Nova Scotia's

attorney general.
"I will be asking the chair of the commission to meet with me to discuss the interim report," said Justice Min-ister Ross Landry in a press release Friday.

"Until I have had a chance to review the report in detail, and discuss some of these questions directly with the chair, I will not make any further public comment on the

Landry's colleagues in opposition, who opposed the 25 per cent rule when the terms of reference were being drafted, called the meet-

ing inappropriate.

"(The commission is) kept separate because the government should not have influence on the recommendations of the commission, said Liberal justice critic Michel Samson in a release. "It looks like the justice minister is overstepping the boundaries of what is acceptable."

PC Leader Jamie Baillie accused the governing party of attempting to interfere with the independent commission. Alex Boutilier/METRO

Protected opposition?

- The opposition parties hold all four so-called "protected" ridings.
- The Liberals hold Preston, Richmond and Claire, while the Progressive Conservatives hold Argyle.

Power to the people

Rallies planned to oppose power hike

Nova Scotians are calling for actions against Nova Scotia Power's proposed six per cent rate increases and for democratic, public ownership of

the electrical utility.
Two rallies are scheduled in the province, including one in Sydney on Thursday,

June 7, at noon outside the provincial building at 360 Prince St.

"They're to raise attention to the gouging of Nova Scotians by Emera and to propose a constructive solution — the public and democratic ownership of Nova Scotia Power," said Evan Coole, a member of Cape Breton ACORN, a group devoted to maintaining affordable and safe housing. CAPE BRETON POST

Break and enter

Man pleads quilty in stolen undies case

A Nova Scotia man accused of stealing women's underwear has pleaded guilty to one count of attempted break and enter. Michael Jordan Wamback of Clark's Harbour entered the plea in Yarmouth provincial court. THE CANADIAN PRESS

Cape Breton

Teens charged after girlsays she was threatened with gun

Police in Cape Breton seized a handgun and a 15-year-old boy is facing charges after a teenage girl told police she was threatened by a male student in the Sydney area. Cape Breton Regional

Police said the incident took place at a school that is part of the Cape Breton Victoria Regional School Board.

Officers later arrested three teenage boys — two 15-year-olds and one 16-yearold. The first 15-year-old has been charged with uttering a death threat, possession of a dangerous weapon and failure to comply with an undertaking. THE CANADIAN PRESS

IWK Telethon

\$5.6 M raised for health centre

The IWK Telethon for Children raised a total of \$5.6 million for the IWK Health Centre this weekend. Money raised is used to purchase priority medical equipment, fund research and support special programs. CAPE BRETON POST

Bridget backlash gathers steam

Questionable ads.

Safe-driving campaign is too heavy on sexism, some residents charge

Some say she's a confident, crime-fighting avenger, devoted to protecting drivers in Atlantic Canada's largest city. Oh, and she does it while looking good in heels.

But others say Bridget the fictional face of a sexy, safe-driving ad campaign in Halifax — is an offensive stereotype that succeeds only in insulting men and degrading women.

In particular, the campaign has crashed and burned with women's rights advocates. "We were quite surprised and disappointed with the approach," said Irene Smith, executive director of the Avalon Sexual Assault Centre, a feminist organization in the city.

"It just seems to me that it's offensive to many, many women who've experienced any form of sexual violence or harassment or been subjected to sexist jokes and innuendoes." The centre has asked the bridge commission to pull the ads and apologize for them.

Halifax Harbour Bridges (HHB) launched the campaign May 14 to raise awareness of speeding, tailgating and texting while driving on the two bridges that span the harbour. Minor fender-benders have been known to snarl traffic and cause annoying backups for the thousands of vehicles that cross the Macdonald and

MacKay bridges daily.
At the centre of the campaign's billboards and banners is Bridget: an attractive young woman with dark, cat-eve



"We understand not everybody likes it. That people feel so strongly one way or another was a súrprise to us, I suppose. But never did we think that we'd get consensus."

aign, adorns a coin receptacle on a toll booth.

Alison MacDonald, HHB spokesperson

makeup and slightly pursed lips. In her innuendo-laced radio ads, Bridget talks breathlessly about her stilettos while tossing around orders and insults, admonishing tailgaters

for being "dirtbags."

"A heavy foot doesn't flip my kilt," Bridget purrs durmy kilt, bridget puris dur-ing the 30-second spot by ad agency m5. "Bridget likes a driver who takes it slow. So watch your speed on my bridge, fast boy, or watch out.

HHB communications manager Alison MacDonald said the commission wanted to get people's attention with "a strong, female character" in the same vein as a superhero in The Avengers or The Girl with

the Dragon Tattoo. "We wanted to have a campaign that's a little humorous, tongue-incheek, and we also wanted the messages to come from a person and not an organization.' she said. "(Bridget's) not afraid to call people out when she sees people tailgating, speeding or not paying attention when they're driving."

MacDonald said the commission apologizes if it has offended anyone with the campaign, but does not agree that the ads encourage sexual assault against women.

Halifax resident Suzanne Lively launched an online petition after hearing about the campaign. The filmmaker said she sustained whiplash after being rear-ended on a city bridge about three years ago, but failed to see the effectiveness of the Bridget ads. She said the portrayal of Bridget is embarrassing.

The campaign's radio and billboard components scheduled to end around June 14. HHB has said it intends to bring Bridget back in the fall, but MacDonald doesn't know if Bridget will undergo a makeover before the campaign re-THE CANADIAN PRESS

Lake Ainslie drilling

ratify agreement

Health-care workers employed with eight district health authorities outside of Halifax have voted 91 per cent in favour of a new twoyear contract. The Nova Scotia Govern-

ment and General Employees Union says that the workers, who are employed in public health, continuing care and addiction services, will get a one per cent wage increase in each year of the deal. The agreement also improves several provisions including meal and retention allowances, shift premiums and vacation entitlements

Petroworth files for extension

Petroworth Resources Inc. has filed for an extension of its drilling permit in Lake Ainslie, which is set to expire July 15. A Department of Energy spokesperson confirmed the province is reviewing the application, and there is no set timeline for a decision.

Meanwhile, a Cape Breton environmental group will be in Nova Scotia Supreme Court later this month fighting the decision to uphold a permit already granted to Petroworth Resources to drill for oil near the western side of the lake south of MacIsaac's Point CAPE BRETON POST









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Disaster assistance

Volunteers help with flood relief

Five volunteers from Nova Scotia have left for Thunder Bay, Ont., to help with flood relief in the city. Heavy rains and a sewage backup there have impacted at least 650 homes since Monday, and the Red Cross is assisting by manning shelters, providing food and water and helping with damage assessment and cleanup.

The volunteers will be joined by two more from New Brunswick and one from Newfoundland and Labrador. The organization is accepting donations to help fund the effort at redcross ca

SPENCER BUELL/FOR METRO

Contract negotiations

Health workers

THE CANADIAN PRESS

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Manhunt on after Magnotta reportedly spotted in France

Body-parts case.

French newspaper reports police were able to trace suspect's itinerary through cellphone activity

The suspect in the gruesome killing and dismemberment of a Chinese student in Montreal may have been spotted in France over the weekend but police aren't ruling out the possibility he could still be on the move.

Montreal police confirmed Sunday that Luka Rocco Magnotta was in the European country as recently as Friday.

"The man was seen in France, that's what French authorities told us," police proleomer len Left-interested.

spokesman Ian Lafreniere told reporters. Lafreniere cautioned that Magnotta may no longer be in France, and wouldn't rule out the possibility he had since returned to Canada or headed

elsewhere in Europe.

"He's someone who has been known to travel, so we're not taking any chances and we want to keep an open mind," Lafreniere said. "We've received more than 360 tips it's huge, people really want to

Magnotta, 29, is wanted in the slaying of Jun Lin, 33, who was a student at Montreal's Concordia University. Lin's torso was found in a suitcase that had been left out for garbage collection outside Magnotta's Montreal apartment last week. Other severed body parts, including a hand and a foot, were mailed to the offices of political parties in Ot-

French media reported Sunday that personal belongings of the porn actor were found in a hotel in suburban Paris. from Montreal.

Police believe Magnotta fled to France on May 26. THE CANADIAN PRESS



Toronto police hunt for gunman in mall shooting

The investigation into a deadly shooting rampage that set off a mass panic at the Toronto Eaton Centre focused Sunday on the shooter behind the brazen attack, as police and local authorities reassured the public that Toronto remains a safe city.

Police confirmed that Saturday's shooting at one of Canada's busiest shopping malls which killed one and injured seven others - was a targeted

Investigators said the man who was killed, identified as Ahmed Hassan, 24, of Toronto, had known gang ties. At least one of the victims may also have gang connections, police said, but they had yet to determine if the shooting was gang-

"It may be that both of them

have gang affiliations, or it may be just the one of them, but we do believe that our deceased in this case may have had some gang affiliation," said Det. Sgt. Brian Borg.

Investigators were viewing security video in their hunt for the shooter and interviewing witnesses who were among the hundreds of people in the downtown shopping

causing panicked shoppers to charge toward the exit in a wild pandemonium.

Seven people suffered either gunshot wounds or injuries in the stampede. The most seriously injured was a 23-year-old man who suffered multiple gunshot wounds to his neck and chest. He remained in hospital in critical condition.

visiting Toronto with his family suffered a gunshot wound to his head and remained in critical condition Sunday, though police said his injuries were no longer considered life-threatening. A 28-year-old pregnant woman who was trampled as people rushed the exits was recovering in hospital, Borg said. THE CANADIAN PRESS

"One idiot with a gun on a Saturday afternoon in Toronto does not speak to the state of the city.... Please do not gauge the city on what we saw yesterday," said acting deputy police chief Jeff McGuire.



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NEWS 07

Vatican leaks continue despite butler's arrest

Holy See. Pope Benedict celebrates mass for one million followers as fuel added to scandal

Pope Benedict XVI celebrated an open-air mass for one million cheering faithful Sunday, capping a weekend visit to Milan viewed as a respite from a Vatican scandal, but fresh leaks of Holy See documents have only fuelled the intrigue.

If the new leaks are au-

thentic, the development could indicate that the recent arrest of the Pope's butler might not have stemmed the scandal as top Holy See officials had hoped.

The three-day visit to Milan during a weekend of Catholic events meant to boost support for families was also an opportunity for the 85-year-old pontiff to show he is still firmly at the helm of his church. On Sunday, Benedict announced that he hoped to go to Philadelphia in 2015 for a similar profamily event.

Quoted

"We don't expect that the documents published so far are the last, and I wouldn't be surprised if more are published in the coming days."

Vatican spokesman Rev. Federico Lombardi

The weekend had been viewed as a welcome break from the so-called "Vatileaks"

scandal. Benedict appeared relaxed and at ease throughout the visit.

But the leaks continued even during his trip, with the daily La Repubblica publishing documents on Sunday it said it received despite the butler's arrest.

One of the letters was a high prelate's complaint that he had not been consulted on the approval of a liturgy for a Catholic group in Spain, while two others reportedly bear the signature of the Pope's secretary.

THE ASSOCIATED PRESS



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150 killed in Nigerian plane crash

Lagos. Cause of the crash still unknown as Nigeria's international aviation status is once again in question

A passenger plane carrying more than 150 people crashed in Nigeria's largest city on Sunday, killing all passengers and crew aboard, an emergency official said. Several charred corpses could be seen in the rubble of a building damaged by the crash, as firefighters searched for survivors and pulled a dead body from the wreckage.

Nigeria's Civil Aviation Authority Harold Demuren said that everyone aboard Sunday's Dana Air flight had died. He did not say how many were on the flight.

The Lagos state government said in a statement that 153 people were on the flight going from Abuja to Lagos.

Yushau Shuaib, spokesman for the National Emergency Management Agency, said there were likely more casualties on the ground, but the number was unknown. He said they were also still trying to get an official manifest on the flight. Sometimes flights in Nigeria issue paper tickets and don't record all passengers via computer.

The plane did not to appear to have nose-dived into a building, but seemed to have landed on its belly. It first crashed through a furniture shop and then into residential buildings next to the workshop in this densely packed neighbourhood.

The nose of the plane was embedded into the three-story apartment building, damaging only one part of the structure. Fire still smouldered everywhere as several thousand people looked on. A group of men stood atop the landing gear that was smoking and took pictures with their mobile phones.

Praise Richard, a witness, said he was watching a movie when he heard a loud explosion that sounded like a bomb. He rushed outside and saw massive smoke and flames rising from the crash site around 3:45 p.m.

Nigeria, home to more than 160 million people, suffers from

Earlier tragedy

The presidency said in a statement that the crash "has sadly plunged the nation into further sorrow on a day when Nigerians were already in grief over the loss of many other innocent lives in the church bombing in Bauchi state"

 A suicide car bomber drove into a north Nigeria church's compound
 Sunday and detonated his explosives as worshippers left an early morning service, killing at least eight people and wounding dozens more, officials and witnesses said.

endemic government corruption and mismanagement. The nation also has a history of major aviation disasters, though in recent years there hasn't been a crash. In August 2010, the U.S. announced it had given Nigeria the Federal Aviation Administration's Category 1 status, its top safety rating that allows the West African nation's domestic carriers to fly directly to the U.S.



Turkey Mili

Turkish women stage mass protest

Around 3,000 female demonstrators on Sunday staged the largest protest yet against plans by Turkey's Islamic-rooted government to curb abortion, which critics say will amount to a virtual ban.

THE ASSOCIATED PRESS

Military

MacKay defends drone attacks

Canada defended the use of military drone attacks Sunday, saying technological advances have reduced the likelihood of civilian casualties

Unmanned systems have proved their effectiveness in the decade-long war in Afgh-

anistan and also in NATO strikes in Libya last year, Canadian Defence Minister Peter MacKay said.

"The use of drones has been referenced a number of times, and it all depends on the accuracy of the system," MacKay told an Asian security summit. "These eyes-on systems ... have increased our ability to decrease civilian casualties."

THE ASSOCIATED PRESS

Egypt

Mubarak verdict to be appealed

Egypt's top prosecutor is appealing the verdicts in the trial of Egypt's ousted president and others to acquit Hosni Mubarak and his two sons on corruption charges and clear senior police officers.

THE ASSOCIATED PRESS

Doomsday cult

Tokyo gas attack fugitive arrested

One of the two remaining fugitive members of the doomsday cult behind the 1995 nerve gas attack on Tokyo subways was arrested Sunday, Japanese media reports said.

Former senior Aum Shinrikyo cult member Naoko Kikuchi, 40, had been spotted in Sagamihara city, 30 kilometres southwest of Tokyo, and acknowledged who she was when approached by police, according to NHK TV and other media reports, citing investigative sources. She was wanted on charges of murder in the 1995 attack.

Police declined to confirm the reports.

THE ASSOCIATED PRESS







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O WHAT WE PAY

Gold Buying Prices by Karat

Karat | Price/gram

1 ounce (9999) Maple Leaf Coins (sealed)	\$1,594.73/c
9999 Canada Maple leaf, less than 1 ounce	\$51.28/g
24k Jewellery	\$37.78/g
22k	\$34.61/g
E. Indian/Nuggets	\$30.68/g
18k	\$28.34/g
14k and dental	\$22.03/g
10k	\$15.72/g
9k	\$14.17/g
8k/antique gold	\$9.45/g

Gold Bar Buying Prices

Gold Bars | Buy Price

Gold 1 ounce (Recognized)	\$1,544.37
Gold 10 ounce (Recognized)	\$15,359.79
Gold 1kg (Recognized)	\$49,381.74
Gold bars, less than 1 ounce (Recognized)	\$49.39/g
999 Gold bar (Unrecognized)	\$48.04/g

Silver Coin, Bars, and Jewellery Buying Prices - Canada Coins | Price

Maple Leaf (1 ounce Silver, Sealed) \$28.58/co

Silver Jewellery and Other Silver | Price

Stamped Sterling Silver Flatware	\$0.61/g
Stamped Sterling Silver Jewellery	\$0.57/g
Mexican Silver stamped 925	\$0.48/g
Stamped 800 Silver	\$0.46/g
Unstamped scrap silver	\$0.31/g
Other silver coins	\$0.65/g
*A -4	-11

*Actual buying prices are based on weight of silver content, which is lower for worn coins.

Prices Updated: 2012-06-01, 16:46:46 PM

Example Purchase 1:

Purity: 14k • Weight: 193.50g
PRICE: \$4,262.80



Example Purchase 2:

Purity: 24k • Weight: 6.42g
PRICE: \$242.55



Example Purchase 3:

Purity: 14k • Weight: 183.30g
PRICE: \$4,038.10



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metronews.ca metronews.ca Monday.lune 4.2012

Interest rate hike? Experts think not

Economic outlook.

Friday's report on Canadian GDP showed a 1.9 per cent growth, well below the central bank's April call for a 2.5 per cent advance

Is the next move for Mark Carney to cut interest rates?

The question would have seemed unthinkable a few weeks ago given that the Bank of Canada governor's last pronouncement on the subject was to issue a wink and a nudge about upcoming hikes.

The signal-sending language — "some modest withdrawal of the present considerable monetary policy surplus may be appropriate" — contained in the April interest-setting statement sent markets into speculation hyper-drive that rates could be heading north as early as the summer. Tuesday's upcoming announcement was never in play and isn't in play now.

Economists are as unani-

mous as can be that Carney will keep the policy rate moored at one per cent a little while longer. But now the speculation has turned full circle about the nature of the next move, whenever it comes.

"The state of the world is increasingly making clear that a rate hike at this point would be premature," said Avery Shenfeld, chief economist with CIBC World Markets.

The revived crisis in Greece, the growing banking crisis in Spain, unresolved debt problems in Italy and Portugal, had already lengthened the odds on Carney moving this fall, and likely made him regret his April assessment that Europe's crisis had moved from "the acute to the chronic."

But if there was any doubt remaining, Friday's onslaught of weak and very weak data from Canada, the United States, China and Brazil, following a bad output number out of India Thursday, removed it.

Friday's report on Canadian gross domestic product did not show the economy Economy

Carney's previous signal on interests rates was predicated on the assumption that Canada's growth rate would smoothly expand at about 2.5 per cent throughout 2012, enabling the economy to return to full capacity in the first half of 2013.

tanking in the first quarter, but at 1.9 per cent growth it was well below the central bank's April call for a 2.5 per cent advance. It now looks unlikely the bank's equally optimistic 2.5 per cent for the second quarter will come to fruition either.

And given the Canadian export sector's reliance on flush U.S. consumers, the miserly gain of 69,000 jobs reported south of the border for May was even a worse signal that the next few months will yield at best craw-speed momentum. China and Brazil also reported soft economic data.

THE CANADIAN PRESS



Walmart draws stars

Robson Walton, left, chairman of the board of directors of Walmart and son of the late Walmart founder Sam Walton, greets actor Justin Timberlake during the Walmart shareholders' meeting held in the basketball arena at the University of Arkansas Friday. Timberlake hosted the event, arriving in a hula skirt to symbolize a story told about the founder dancing a hula on Wall Street after losing a bet. During the meeting, CEO Mike Duke told the crowd that the retailer is committed to integrity in the wake of recent bribery allegations in Mexico. APRILL I. BROWN/THE ASSOCIATED PRESS

Charity

Buffett hopes lunch auction raises big bucks

It's true that Warren Buffett hired the hedge fund manager who won the last two private lunches with him that are part of an annual auction, but he doesn't expect the event to become a recruiting tool for Berkshire Hathaway. He offered Ted

He offered Ted Weschler a job after he'd paid nearly \$5.3 million over two years to dine with Buffett.

THE ASSOCIATED PRESS

Automotive cutbacks

GM closing an Oshawa plant

General Motors is going ahead with plans to close its consolidated plant in Oshawa in what its union calls a "disgusting" move. The closure, the union says, will eliminate 2,000 jobs directly and more indirectly.

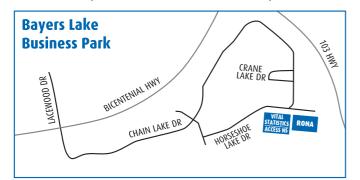
The plant, which produces the Chevrolet models, was originally scheduled to close 2008.

THE CANADIAN PRESS

VITAL STATISTICS HAS MOVED

Vital Statistics of Service Nova Scotia and Municipal Relations is now open in its new location:

300 Horseshoe Lake Drive, Bayers Lake Business Park (Co-located with the Halifax Access Centre)



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If you are requesting a birth, marriage or death certificate, try our online services at www.gov.ns.ca/snsmr/access/vitalstats



Trade. Premiers demand compensation if Ottawa concedes to EU demands

The provincial premiers have undertaken a letter-writing campaign to demand compensation from the federal government for any increase in drug costs that might come of a free trade agreement with Europe.

B.C. Premier Christy Clark says she and other premiers have each written to Ottawa urging federal negotiators not to agree to anything that would drive up the cost of pharmaceuticals.

Among the European Union's demands are an extension of brand-name patents for up to five years to compensate companies for time tied up in bureaucratic approvals.

They also want to extend the time that a brand-name company's recipe for a drug would remain secret from companies trying to make knock-offs.

And while Ottawa has not yet formally agreed to any of the demands, it has not ruled anything out either.

THE CANADIAN PRESS



wetronews.ca 2012

CABINET GAME OF MUSICAL CHAIRS LEAVES SOME QUESTIONS



URBAN COMPASS Stephen Kimber halifax@metronews.ca

Last week's surprise cabinet shuffle raises are all sorts of intriguing questions.

For starters, did Finance Minister Graham Steele jump, or was he pushed? If he jumped,

was it because of a tiff with Premier Darrell Dexter over the province's fiscal future?

Does Steele want Dexter's job? If so, is quitting just a John-Turner/Jean-Chrétien/Paul-Martin/Harry-Houdini return-towin-another-day tactic?

And — striking fear in the hearts of Chambers of Commerce presidents everywhere — does Steele's departure now mean the socialist hordes are finally loose among the

innocents?

We're just wondering

Most of those questions have less to do with any objective reality than with the troubling-to-us-in-the-media truth we didn't see this coming.

Most of those questions have less to do with any objective reality than with the troubling-to-us-in-the-media truth we didn't see this coming. We must therefore divine darker explanations.

Graham Steele wasn't

Graham Steele wasn't pushed; he pushes back. If he'd been shoved aside, we'd have heard it from his own lips.

It's equally unlikely Steele flagged from any fiscal fight. He's winning. Read Darrell Dexter's I-pledge-allegiance-to-a-balanced-budget lips. Besides, Steele still had the clout, inside and outside government, to hold Dexter's feet to his back-to-balance fire.

And this is — to answer that question — hardly a socialist-hordes kind of administration.

As for hungering to be premier himself, read Steele's own lips from an interview I did with him two months ago: "I know myself and I'm not capable of political leadership.... My ability is to work in a supporting role to those true political leaders and help them achieve that vision."

Federal politics seems a more logical ultimate destination. The national NDP is on the upswing. Steele, who has star potential, was a Mulcair leadership backer. And he'd have a good shot at unseating Liberal Geoff Regan in Halifax West.

For now, however, let's accept Steele's not unreasonable explanation. He has a wife with an equally stressful job and school-aged kids. He's gone as far as he can, for now, in provincial politics. Since he didn't plan to run in the next election, this was the time to step aside and allow Dexter to bring in some fresh backbench talent.

Which, of course, raises the most intriguing unasked question from last week's shuffle: why is Howard Epstein still the smartest NDP MLA not inside the cabinet room?

Now that is intriguing.

Worth mentioning

Bus driver hailed as hero after controlling vehicle despite deadly wound

Chinese are hailing a bus driver who maintained control of his vehicle and ensured passengers' safety despite being struck by a chunk of iron that smashed through his windscreen while driving a bus near Beijing last week.

Wu Bin ultimately died of his injuries from Tuesday's freak accident, but not before braking, shifting gears and telling passengers not to wander onto the highway. His hometown of Hangzhou in eastern China has praised him as a hero and a role model.

Security camera footage broadcast Sunday on state TV showed the object hitting Wu and his calm handling of the situation, despite being in obvious pain. Wu died Friday. China has a history of praising acts of selflessness and courage to inspire responsibility in an increasingly competitive and sometimes callous society.

Heigh-ho heigh-ho, it's off to camp they go



CARLY MCDOUGALD/CONTRIBUTED

Carrying it for the kids

City portage helps less fortunate

TORONTO. One hundred camp enthusiasts strapped canoes to their backs and embarked on a gruelling 40-kilometre paddle and portage over the weekend for the fifth annual Canoe Heads for Kids event, which raised \$60,000 to send kids from low-income families to summer camps through Amici Camping Charity.



-

- The money raised in the event will send 60 children to camp for two weeks.
- Once Amici sponsors a child, it will continue to send that child to camp for two weeks every year, as long as the financial need is still there.
- Combined with its other fundraising initiatives, Amici will send 150 children to camp for two weeks in 2012.

Now you can finally cross this one off your bucket list — knitting in public

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Comedy club audiences are typically in stitches.

But literally? Well, yes. If you love philanthropy, knitting and stand-up comedy, there is a way to combine all three this month! On June 14, Halifax local business From Ewe to You Yarn and Gifts is teaming up with Yuk Yuk's Halifax for a fundraiser in support of The Canadian Liver Foundation. It's all a part of the World

Wide Knit in Public Day, the idea is to knit while you watch the show, as 100 per cent of the profits from ticket sales are donated. Tickets are available for purchase at From Ewe to You Yarn and Gifts, located at 564 Sackville Dr., Suite 850, in Lower Sackville.

Call 902-252-WOOL (9665) to check for avail-

ability

It's for everyone who finds multitasking laughable. CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to goodnews@ metowe.com and we'll share them right here.



12 SCENE metronews.ca Monday, June 4, 2012

SCENE

Box office

Snow White is the fairest of them all

Snow White & the Huntsman triumphed at the weekend box office. According to studio estimates Sunday, Universal Pictures' action yarn inspired by the fairy-tale princess debuted strongly at No. 1 with \$56.3 million domestically. That's about \$20 million higher than industry expectations. Snow White bumped Sony's

dustry expectations. Snow
White bumped Sony's
Men in Black 3 from the
top spot and into secondplace with \$29,3 million.
The Will Smith-Tommy
Lee Jones sequel raised
its total to \$112.3 million
after two weekends. Disney's superhero sensation
The Avengers remained
strong at No. 3 with \$20.3
million, lifting its domestic
total to \$552.7 million.

On the web

THE ASSOCIATED PRESS



Chefs and restaurateurs:
What's on the playlist
almost as important as
what's on the menu

Corey Hart's comeback a point of 'pride' for singer

Remix. Sunglasses at Night singer gets inspired to remake Truth Will Set You Free and bring its gay-positive message to the forefront

When Corey Hart included Truth Will Set You Free on his 1988 album Young Man Runing, few among his legions of fans likely realized that the song was intended as a gay-positive anthem of affirmation for anyone struggling with his or her sexuality.

For one thing, the Montrealborn pop star wanted it that way. He was intentionally cryptic in the lyrics of the soaring tune, couching the true meaning of its be-yourself-at-all-costs mantra in subtext. The reason for the secrecy? Hart wanted to protect the close friend who had inspired the song, someone whose sexuality was a source of self-doubt and pain.

Now, Hart is issuing a dance floor-friendly remix of the tune, one which swaps the contemplative soft-rock of the original for an icy club groove and pulls those themes that coursed under the original's surface to the fore with new lyrics inspired, in part, by the 1998 murder of gay university student Matthew Shepard.

And to make positively sure those newly prominent themes resonate, Hart — who willingly receded from the musical spotlight to raise his children — will mark his first Canadian performance in a decade during Toronto's Pride festival.

"The gay aspect of this song was an important message that I wanted to send out there, especially being a straight man

If you go..

 The performance. Hart's Toronto show will take place June 30 — a free, open-air festival gig with the capacity to squeeze in 3,000 fans.

— I thought it was important to say this," he added. "It was important for me to be at a gay pride event and to go out there and sing the song, and spread the message of the song."

But it certainly wasn't a typical journey to get to this point.

The idea to re-record his 24-year-old song began with an unsolicited email request from a DJ whom Hart had never heard of.

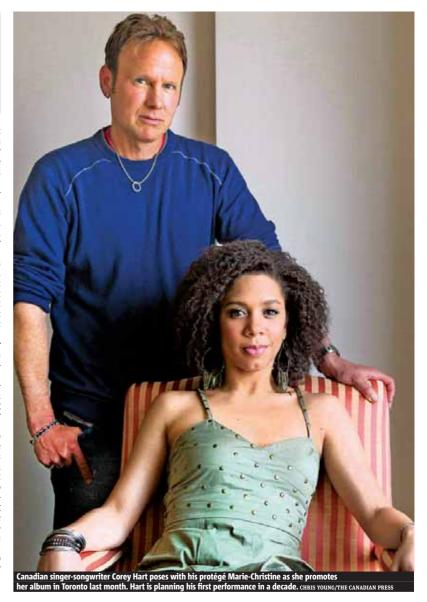
1Love — whose real name is Paul Todd — wasn't writing in regard to either Sunglasses at Night or Never Surrender. Hart was intrigued, but it wasn't until he got to know Todd that he became persuaded to revisit the track.

Todd was just a music lover from Kingston, Ont., who was driving a cab at night to support his four kids.

Even though Hart was initially a "little put off" with Todd's first attempt at tackling a new version of the song, their personalities clicked.

By then, Hart had made up his mind to issue his first single in 12 years. Hart felt that Todd's early remix didn't have enough musicality to it, so he sent it to musician friends in Toronto and Montreal who added textures until the gleaming song found its pulse. Perhaps more important to Hart was the opportunity to re-record his vocals with new lyrics.

"I felt (it was) necessary to take the song much further than I had in 1988," Hart said. THE CANADIAN PRESS





William Shatner's weird world

Where no man has gone before. The 81-year-old icon gears up for another season of Weird or What?

From hosting the Junos in Ottawa to a multi-city U.S. tour of his Broadway show, William Shatner has been a man on the move for much of 2012 with a red-hot career that leaves little time for respite.

The week ahead is no ex-

The week ahead is no exception as the Canadian pop culture icon prepares to head to Johannesburg for work with plans to eke out a few days for a photographic safari in the interior.

"I'm really excited by that. What I'm not excited about is a 22-hour airplane ride," the affable actor said candidly from his home in Los Angeles.

Despite his stacked schedule, the tireless 81-year-old continues to have a hands-on role with William Shatner's Weird or What? which is back for a third season beginning today at 10 p.m. ET on History Television. Shatner is host and executive producer of the series which explores truelife tales of the unknown and unexplainable, and features first-person accounts, expert commentary and reconstructions of the mysterious events in question.

În addition to narrating Weird or What? and delivering tongue-in-cheek quips onscreen, Shatner said he's active behind the scenes, consulting on stories and looking at scripts.

at scripts.

"It's more than just a couple of weeks of working on the show as the wraparound. I'm intimately involved in the show, so there's no telling how much time that takes," he said.

Tonight's spine-tingling episode chronicles real-life accounts of human encounters



with beastly creatures, including a New Jersey mother and son seeing the fabled Jersey Devil.

The "massively interesting" stories featured on Weird or What all pique the interest of the inquisitive Shatner. Even as he peruses scripts, Shatner said he tries to seek out his own explanations for unusual happenings. He's also fascinated by the notions of multiple

and alternate universes and the bending of time.

"Since we know nothing and everything is mysterious, the explanations for mysterious events assume an even more unknown quantity," said Shatner. "So we try to explain scientifically what may have happened in a mysterious event, but we can't be sure that that is the explanation."

THE CANADIAN PRESS

Shatner's Canuck side

Pining for poutine

William Shatner, a Montreal native, admits he hankers for poutine while away from his hometown, and said he'd relish the chance to take on more work in Canada.

"I love to work in Canada. It's beautiful, and the people are great and the crews have become wonderful," he said.

ful," he said.
"I hope to work in Canada a lot."



metronews.ca Monday, June 4, 2012

The Word

We're finally worried about Charlie Sheen

THE WORD

Monica Weymouth scene@metronews.ca

Brooke Mueller has landed herself back in rehab, but the situation might not be as bad as it seems.

Despite a history of drug abuse and saying "I do" to Charlie Sheen, the sometimes-actress' lawyers say the stay is a perfectly routine "pre-planned event," and that reports of a crack-cocaine binge with her ex-husband are entirely false.

For his part, Sheen doesn't know who he agrees with just yet — but that doesn't mean he won't attempt to talk about it.

Here's his statement on the matter to TMZ: "I can't speak to anyone's opinion or judgement. I was there, they were not, their tepid hearsay is a baseless static drone.

"A mantra, their theme. I refuse to be held hostage by their 'constitutional' privilege, to judge those who can and who do. nabobs. CS"

It took a while, but we



are finally confused by the choices of Charlie Sheen. This man is a professional Drunkest Guy Last Night, and yet this is the statement he releases?

Charlie, this is familiar territory: sleep in, take a shower, throw on a little bronzer and surface in gym clothes with a leafy bag from Whole Foods. This showing-up-to-breakfastin-sunglasses stuff is for amateurs

Has he learned nothing?

When asked who will play him in the inevitable biopic, Bill Clinton generously settled on George Clooney during an interview on Piers Morgan Tonight.

Now, as for Hillary? He'd like to cast Meryl Streep.

We think this was a compliment, but Bill, trust us: assuming you're still around for a next time, the answer you are looking for here is "Angelina Jolie, Charlize Theron or a young Heidi Klum."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

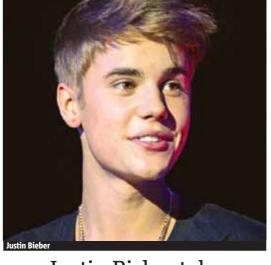


Leo DiCaprio better off without Baywatch: Hasselhoff

Baywatch may have been a huge success for David Hasselhoff, but he thinks at least one movie star is better off for not getting a part on the series. Leonardo DiCaprio auditioned for the role of Hasselhoff's son — a part that eventually went to Jeremy Jackson — according Movieline.

"You know what, it was

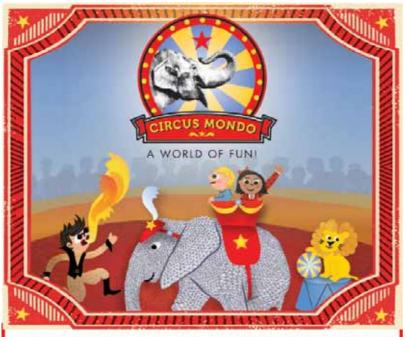
the best thing to happen to Leonardo DiCaprio," Hasselhoff says. 'I saw Leonardo DiCaprio and I said, 'You know what, that was the best thing that ever happened to you! You would have never gotten Titanic and have been this big star. You'd be like Jeremy Jackson and David Hasselhoff, looking for work."



Justin Bieber takes a backstage tumble

Justin Bieber is recovering from a possible concussion and a bruised ego after walking into a glass wall backstage at a Paris concert, according to TMZ. The singer returned to the stage to finish his set, but he reportedly lost consciousness briefly backstage after the show. Local doctors diagnosed him with a concussion. Bieber is taking it well, though,

posting on Twitter, "Just smacked my head and needed some water. All good. I'm Canadian. We are tough." This isn't the first time Bieber has been fooled by the translucent nature of glass walls and doors. Online video clips show him walking into the glass partition of a revolving door in 2010 and a glass wall at a radio station office later that year.



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Got a big family? Here's how to save time and money

Have a daughter? Don't cut her bangs. Once you start cutting bangs, you're a slave to trimming them.

Don't buy bikes with white wheels. If you get your princess a pink bike with white wheels, little brother may be reluctant to take it on when sister

outgrows it. Sacrifice glitter and ribbons for a good hand-me-down situation. Have your babies close

in age. This year, I had three kids on the SAME hockey team. This means only one rink at one time.

Don't cheap out on big-ticket items. If you buy your first kid a cheap bike, it's not going to get through the rest of your clan. You're better off buy ing top-quality baby products and sports equipment.
JULIE COLE/YUMMYMUMMYCLUB.CA



Father's Day gift: The 52 Reasons I Love You Jar

Looking for the perfect Father's Day gift? The 52 Reasons I Love You Jar is a great idea! This is a threeingredient activity that kids can make as a gift for Dad that keeps giving.

Grab a jar, paper and crayons. Have your child write out 52 hand-written

notes using the prompt "l love you because ..." (I love you because you take me to soccer, I love you because you tell fart jokes, I love you because you read to me ...)

Drop them into the jar. Dad can choose one note each week for the next year. This activity gives kids an opportunity to think about why Dad is special. It's a great way for kids to practice handwriting and brainstorming. And it's free! CAROLINE FERNANDEZ/ YUMMYMUMMYCLUB.CA



Health

Caesarean births linked to child obesity

New research published in the Archives of Disease in Childhood claims that C-sections may double the risk of childhood obesity. Big news, considering that around one in three babies are born this way in Canada. The study followed 1,255 mothers and babies between 1999 and 2002. The babies were weighed at birth, six months and age three. Around one in four were C-sections, and those babies tended to weigh more than those from vaginal births. YUMMYMUMMYCLUB.CA

On the Web



per cent by 2030 as veloping countries adopt bad habits from West

When yes is better than no

First response. Saying no comes naturally when children ask for anything outside of the master plan, but it can stifle development

JENNIFER **KOLARI**

"Mommy, let's have a picnic lunch under the dining room

"Why would we do that when we have a table?" I said without even looking up from my emails and piled-up paperwork.

"Why not?" asked my

daughter.

I tore myself away from the screen to look at her. She was flushed with excitement. Even the ends of her hair seemed to be electrified as she bounced from foot to foot, imploring me with her cockeyed smile

"Sure, let's do it!" I said. She was surprised by my answer. We ate, played games and giggled, and I was a much happier woman than I would have been had I remained hunched over my computer.

"Thank you," I said to my daughter. "For what, Mommy?"

"For taking me on a picnic," I said. "Well, you should thank yourself, too. You're the one who said yes."

Parents usually go to "no" as a first response when their children ask for anything outside the master plan.
"No, I don't want you to

build a cushion fort in the living room right now; it makes a huge mess.

I've done it. But if a child wants to build a fort or engage in any other activity that promises a transient mess, why not let him or her?

Your little one has an idea and exploring ideas is such an integral ingredient of our kids' development. How else are they going to figure out what works or how to solve

their own problems?
Saying "no" comes naturally because we think doing so is without consequences. We're wrong. Not only do we limit our children's personal possibilities, we also compromise many opportunities to bond with them and to show them a different side of ourselves.

So, next time, consider going straight to "yes." I guarantee the experience will be as satisfying and memorable for you as if you had planned the

whole thing yourself.
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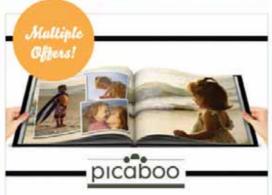
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WORK/EDUCATION

The houses that Elio built

Giving something back.

Generous entrepreneur one day decided to use wealth to aid those stricken by poverty



THE IN-CREDIBILITY

Madonia was strolling with his wife while on vacation in the Dominican Republic when he turned the wrong street

Elio gives his two cents

"We work a lifetime to acquire wealth. Then we look back and say, 'Is this all there is to life?" All this experience, talent, skill and knowledge is now wasted on the golf courses of the world."

Elio Madonia



and walked into a povertystricken neighbourhood.

"I pointed my finger at God saying, 'Why do you al-low this to happen?' At one point I heard a voice speaking to me. 'If you are really

do something for them?"

Elio was a pillar of the Italian community in Toronto and had recently sold his interest in several beverage companies.

He was also newly re-

donated a piece of land and Elio went to work, building 25 new homes for the families he had met.

That was in 1990.

Today, Madonia and The Samaritan Group have built and donated 10 villages

filled with 1,200 homes, six schools, five medical centres and 12 churches.

"We work a lifetime to acquire wealth. Then we look back and say, 'Is this all there is to life?'All this experience, talent, skill and

Elio's personal mottos:

- Put God first at all times and in all things. You will discover that this is true wisdom.
- Let love motivate everythina vou do.
- In all relationships follow the golden rule: As you would like others to do to you, do likewise to them.
- In all dealings let fairness prevail
- At all times protect your good name (reputation) for it is worth more than gold.

Visit: thesamaritanfoundationdr.com

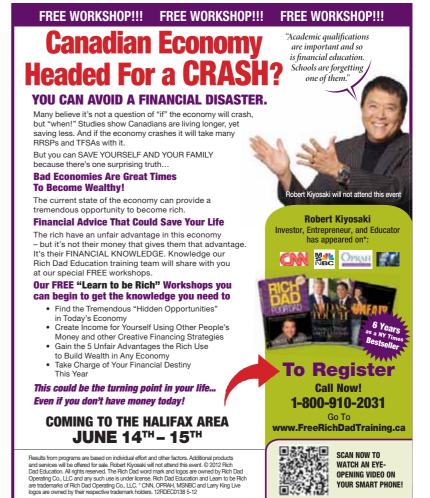
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There's still time to find a camp

Last-minute quide.

Ask around and use resources to choose the right destination

ASTRID VAN DEN BROEK

What? You weren't ultraorganized and didn't have all of your summer camp registrations in by the end of January? No, you were probably like the rest of us ... waiting until school is nearing a close to determine what to do with your kids this summer. And with four weeks and counting until it's no more teachers, no more books, here is how to find a camp at the (relatively) last minute.

USE RESOURCES

Not sure where to find a camp? Not only does the Canadian Camping Associa-

tion's website (ccamping.org) help connect you to various camps in your region, it also guides you to your local camping associations such as the Camping Association of Nova Scotia (campingns.ca) and B.C. Camping Association (BCcamping.org), which have a list and/or a searchable database to find credited and non-accredited camps near you. Looking to go out of province? Ontario Camps Association (ontariocamps. ca) has a searchable database

that also lists availability.

ASK AROUND

Also, ask parents in the neighbourhood or teachers at your child's school about available camps — some teachers run summer day camp programs during their off-season.

CHANGE YOUR TIMING

Keep an open mind about what weeks to send your child to camp, suggests Mike LeDuc, general manager of Big Cove YMCA Camp in Pictou Co., N.S., and president of the Camping Association of Nova Scotia.

"There are certain times that residential camps are very, very popular and they might be filled up — for us, late Julylearly August is pretty much full," says LeDuc.

"But we still have spots available for the other times throughout the summer."

It never hurts to call a camp to ask about availability, suggests Michele George,

interim executive director for the Edmonton-based Alberta Camping Association.

"If their programs are full, they may suggest other options," George says. "You may wish to review the geographical location or length of camp you are considering, or think about the vast selection of day camps if your residential camp choices are full. And if your child has a friend already booked into a camp, it may be possible for them to attend as well."



Find the right camp

Tips. Follow these steps to increase the chances that your child will have a great time

DOYLE

For many, summer camp represents a high point of childhood. Sleepover camps can be particularly special, as they typically involve a wealth of first-time experiences and new friendships. There are several steps you can take to increase the likelihood that your child will have the time of their life.

Choose an appropriate camp

The key is to match the camp with your child's interests. More and more camps specialize in particular activities such as sports, drama, music or outdoor education. Computer camps are also growing in popularity. Most specialty

camps also feature many of the traditional trappings: Campfires, games, swimming and boating. What is your child interested in? Is your child adventurous and outgoing? Discuss the options with your child. Better yet, encourage your child to search online for potential camps, then help them identify the best ones. Many camps fill up early; be sure to apply by mid-June.

Visit in advance

Any reputable camp will allow you to visit the facilities prior to booking; some organize tours for parents and children.

Involve your child in preparations

Most camps send lists of what participants should bring along. Pin the list on your child's door and encourage them to check off items as they are acquired and packed. Give them lots of leeway on some items (e.g., which Tshirts to bring), and no leeway

on others (sunscreen, hat, old sneakers). Don't allow them to bring items likely to be damaged or stolen (check camp policies regarding portable digital devices).

Care packages

Receiving a card with some homemade cookies halfway through their stay might be the perfect tonic for your child — check camp policies regarding care packages. Remember not to write anything in a card that might embarrass your child, as other campers will likely read it,

Homesickness
Be sure to talk with your child about homesickness and separation anxiety. Reassure them that pining for home is completely normal, particularly during their first few days away from home (and especially if it's their first time away from home). Encourage them to get over it by trying new activities and making new friends.

- Coffee drinkers, mark your calendars and get ready to show you care about kids in your local community. This year's Tim Hortons Camp Day — the annual fundraiser that sends economically disadvantaged kids to camp — will take place
- On Camp Day, Tim Hortons restaurant owners generously donate all proceeds from coffee sales to the Tim Horton Children's Foundation (THCF), helping send more than

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- 15.000 kids each year on an unforgettable, life-changing, fun-filled camping adventure that will inspire them for years to come. Last year alone, thanks to Tim Hortons guests and through efforts of more than 3,700 Tim Hortons restau rants, \$9.9 million was raised in Canada and the United States.
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metr⊕ SUMMER CAMPS

Essential items to bring

VAN DEN BROEK

Your child has set aside half of their room to pack for summer camp. But what do they really need?

Here are items your kids need to lug to camp this sum-

Backpack

For day camp, this helps corral crafts, water bottles and lunches. For overnight camps, bigger packs can house clothes and sleeping bags. "The pack's shoulder strap should be adjustable and set up at the size and height of the child," says Carolyn Wendt, customer service representative in the packs team at Mountain Equipment Co-op's Vancou-ver store. "You adjust for torso length because you

any injuries with an ill-fitting back-

Flashlight/ lantern

To accompany night hikes or to read in the cabin with. One unique option have is the Coleman Microburst ____ Lantern, says Sean Stokes, associate vicepresident of sports and outdoor recreation at Canadian Tire. "It has four detachable light pods that have a pocket clip to easily attach to clothes.

Speedo Girls Nylon PFD, above, available at Canadian Tire (\$59.99), canadiantire. ca, Nalgene water bottle, right, from Mountain Equipment Co-op (\$11), mec.ca.

Personal care items

For overnight camp, think toothbrush. toothpaste. comb, sunscreen, insect repellent and deodorant.

Sleeping bag Wendt recommends kid-sized sleeping bag rather than a smalladult. sized The children's is going to bag shorter and the less bag that you have to fill with warm air, the greater the heat efficiency," she says. "However, if you do get something longer for your child to grow into, you can fill

the bottom with extra clothes or something like that." Wendt also recommends buying synthetic-filled bags over down-filled bags for kids since they are easier to wash. Don't forget a pillow as well.

Sun hats, rain gear (including rain pants), boots, shoes and sandals, and bathing suit(s).

Personal floatation device

Stokes recommends considering these factors when purchasing one:

for a large collar for head support, sturdy buckles and zippers, that there's a safety strap between the legs to prevent the PFD from coming up over the child's head; and bright colours for enhanced visi-bility. "And if there are more than three inches between the child's shoulders and the PFD, it is too big,'

says Stokes.

Water bottle

Wide-mouthed, Bisphenol A (BPA)-free options such as Nalgene work well for easy cleaning and refilling.





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Skin care. Block out those rays

PUTTER

Tending to your child's skin during summer can be trying, given the beating it takes from sun, chlorine, insects and other environmental hazards.

Dermatologists say it's best to stay out of the sun during the hottest hours between 11 a.m. to 4 p.m. But tell that to a rambunctious 10-year-old and you are likely

to see a very long face. While hiding indoors isn't very realistic, there is plenty you can do to guard against the ravages of summer.

It's believed that a large proportion of skin damage occurs during childhood, so slather on sunscreen about

"It's believed that a large proportion of skin damage occurs during childhood, so slather on sunscreen about 30 minutes before exposure. Be sure to reapply once skin gets wet from swimming or perspiration."

30 minutes before exposure. Be sure to reapply once skin gets wet from swimming or perspiration.

Make sure the sun block has a sun protection factor (SPF) of at least 30, which means that the time it takes to burn is 30 times longer than what it would be without protection. Also apply a lip balm that contains an

Check that the sunscreen broad spectrum, which means it also blocks UVA and UVB rays. Choose a sunscreen that contains zinc oxide or titanium dioxide, because it's less irritating. Coloured or scented sunscreens might encourage kids to use protection more diligently, but avoid these if your child has sensitive skin or skin conditions. Spray-on sunscreens are perfect for children because they are so easy to apply.

Because overexposure to

childhood is believed to be linked to skin cancer, white spots and a general aging of the skin, outfitting kids in protective clothing such as light-coloured cotton fabrics and wide-brimmed hats and caps is a good idea for added safety. There are even swimsuits that incorporate protection from the sun's rays right into the fabric.

To avoid bites, stings and possible diseases contracted from mosquitoes, bees, ticks and other pests children should avoid playing where there is standing water, high grass, weeds or lots of leaves. Light-coloured, longsleeved tops and long pants are a good idea when playing outside, as is wearing a head covering.

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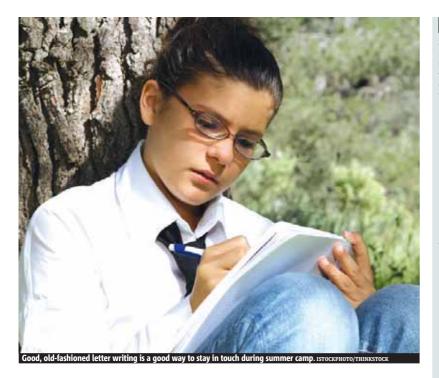
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Putting pen to paper

Letters. Stay in touch with kids while they are away at camp

KELLY PUTTER

There are several ways to stay in touch with your little campers this summer, which range from old school to current technology.

Good, old-fashioned letter writing is probably one of the best ways to get a detailed sense of your child's experience at sleep-away camp. Pack stationery, coloured pens, and stickers — the goodies with which kids enjoy decorating their notes.

To help them expand their letter writing beyond "camp is fun," prompt reluctant writers with such lines as tell me about the last good laugh you had at camp.

Consider sending photos of pets, friends and family so they can share stories of home life with other campers. Try to have a letter waiting for them on their first day at camp. Encourage relatives and friends to send letters, too.

Each camp has different policies with regards to phone calls. Some permit scheduled phone calls once per week, some once or twice per camp session and others not at all. Find out what's allowed at your kid's camp. Most yield to special requests, though, so if your child is celebrating a birthday while away at camp, let a counsellor or administrator know to expect your phone call.

Cellphones are almost always verboten so forget that plan. Let's face it, summer camp is often a respite from the technological world in which we live. It's a time for

kids to spread their wings and learn about independence, problem solving and to meet new friends. That news may be difficult for parents who are always tethered to their child thanks to a mobile phone.

One-way emails are a convenient way to send messages to your child. Many camps will print out emails and deliver them to campers along with the regular post. Most, however, don't let children reply via email so that's where their letter-writing aptitude comes in handy.

Using secure websites, many camps post photos of campers enjoying different games and activities, either daily or on a weekly basis.

Čamps also place photos and video footage on their page. This lets parents check to see if their child is enjoying certain activities with the

Indiao recommends these following books for your children to take on their summer camp experience:

- The Calling by Kelley Armstrong (\$19.99) — On the heels of the wildly popular The Gathering comes the second in the Darkness Rising YA trilogy from New York Times bestselling author Kelley Armstrong. Experiencing intense connections with the animals that roam the woods outside her home, Maya Delaney knows it's only a matter of time before she is able to Shift and become one of them.
- Cinder by Marissa Meyer (\$19.99) — Cinder, a gifted mechanic, is a cyborg. She is a second-class citizen with a mysterious past, reviled by her stepmother and blamed for her stepsister's illness. But when her life becomes intertwined with the handsome Prince Kai's, she suddenly finds herself at the centre of an intergalactic struggle, and a forbidden attraction.
- Fear by Michael Grant (\$19.99) — It's been one vear since all the adults disappeared. Gone. Despite the hunger and the lies, even despite the plague, the kids of Perdido Beach are determined to survive. Creeping into the tenuous new world they have built, though, is perhaps the worst incarnation yet of the enemy known as the Darkness:
- Insurgent by Veronica Roth (\$19.99) - New York Times bestselling author Veronica Roth's much-anticipated second book of the dystopian Divergent series is anothe intoxicating thrill ride of a story, rich with hallmark twists, heartbreaks, romance, and powerful insights about human nature
- Judy Moody and the Not Bummer Summer by Peter H. Revnolds (\$18) - Roar! It's not bad enough that mom and dad are heading to California, leaving Judy and Stink with Aunt Awful (er, Opal), but now

- two of Judy's friends are going Splitsville, too. Just when it looks like her summer is going to be BOR-ing - eureka! -Judy comes up with the most thrill-a-delic plan ever
- **National Geographic Ultimate** Weird But True (\$22.95) -This supersized, hardcover addition to the blockbuster Weird But True series, Ultimate Weird But True is packed with 1,000 amazing facts and eye-popping photos that prove truth really is stranger than fiction. With a colourful, metallic cover, a kid-friendly design, and a wacky sense of humour, this stunning book will give kids a winning combination of smarts and fun.
- Pandemonium by Lauren Oliver (\$19.99) - Lauren Oliver delivers an electrifying followup to her acclaimed New York Times bestseller, Delirium. This riveting, brilliant novel crackles with the fire of fierce defiance, forbidden romance, and the sparks of a revolution about to ignite.



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Each child is unique

Dilemma. Day and overnight camps are equally valuable and each offer different experiences

ASTRID VAN DEN BROEK

Selecting a camp for your child can be a bit of a parental dilemma: Will your son do better at a day camp? Is your daughter ready for an overnight experience?

"Day and overnight camps are equally valuable and each offer benefits and slightly different experiences," says Michele George, interim director of the Edmonton-based Alberta Camping Association.

"Each child is unique so the wide selection of camp types should be checked out to give them the best possible experience." Here's what you should know about day camps over residential or overnight camps.

DAY CAMPS

Baker's camp? Circus camp?

Day camps tend to offer a wide variety of specialized camps, although not exclusively — there are general day camps involving swimming, exploring, crafts, games and more available.

The key difference? Your child comes home at the end of the day.

"Day camps provide a good window into what happens in the residential camp setting without having the commitment of being away for long periods of time," says Mike LeDuc, general manager of Big Cove YMCA Camp in Pictou Co., N.S., and president of the Camping Association of Nova Scotia.

So if your child (or you!) isn't ready for the overnight experience, day programs can introduce the camp experience to your family.

Price is also a critical difference between day and overnight camps.

Day camps can run anywhere from free to \$500 to \$600 for a week, while overnight camps often start at around \$500-plus for a session.



OVERNIGHT/ RESIDENTIAL CAMPS

Staying overnight and being away from your family offers a unique and positive experi-

ence, notes LeDuc.

"Residential camps is about the relationships being built and that happens so much differently than in a day camp, daycare, school setting because they're actually living with their peers over a period of time," he

says. "They're away from their families and they're really learning to develop as young people in a different environment."

Overnight camps also offer children a chance to build their independence as well.

Don't think your child is ready for a week away? Many camps offer mini-camp experiences where children spend two to three nights away as a trial experience.



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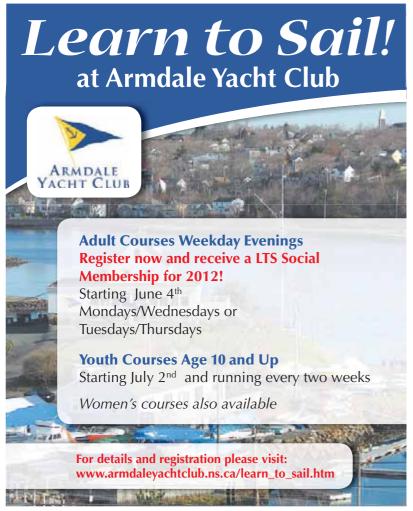
Outdoor Meal Kit, \$29.99, available at Canadian Tire, canadiantire.ca.

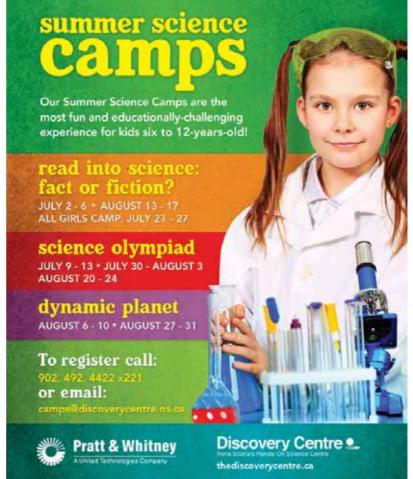
Bios Foldable Water Bottle, \$8.99, available at Canadian Tire, canadiantire.ca.



Kids Pop Up Monkey Hippo Tent, \$39.99, available at Canadian Tire, canadiantire.ca.









SPORTS

EastLink

HD sports broadcasts starting in July

EastLink's televised sports broadcasts will be offered in high definition starting in July with Nova Scotia Premiership soccer action and continuing in the fall with the QMJHL, National Basketball League of Canada and **Atlantic University Sport.** The local HD coverage will be broadcast on Channel 610.

Olympics

Gymnast named Nova Scotia's athlete of the year

Olympic hopeful Ellie Black was crowned Sport Nova Scotia's female individual athlete of the year at the 16th annual Ricoh Sport Awards on Saturday.
Black, who is one of

12 female gymnasts still vying for five Canadian spots in London, edged out sprinter Jenna Martin of Bridgewater and sailor Danielle Dube of Glen Haven. The Halifax native will try to clinch her spot at the Olympics later this month at a selection camp in Gatineau, Que.

Kayaker Mark de Jonge of Halifax, who is recovering from a broken finger but hopes to qualify for the Olympics in the K-1 200 metres, took male individual athlete of the year honours. He'll vie for his spot in London in Montreal on June 23 and 24.

Another kayaker, Con-nor Taras of Waverley, won male team athlete of the year, while Cole Harbour hockey standout Alexis Crossley earned the female nod.

The female canoe tandem of Dartmouth's Mariah Godin and Porters Lake's Emily Riddle won team of the year, while canoe-kayak coach Csom Latorovszki of Waverley garnered coach of the vear honours. metro





Mooseheads GM a smart shopper

Trade market. Cam Russel looking for veteran forward — prices 'have to come down, he says



MATTHEW

The QMJHL's over-age trade market is rumoured to be ripe with available talent. But like any smart shopper, Cam Russell says he isn't willing to

With the league's June trade window approaching on Friday morning in Quebec City, the Halifax Mooseheads general manager is working the phones and says reaching a deal has been challenging.

"Some GMs, I think they think the (Memorial) Cup is in Quebec again next year with what they're asking for their guys," Russell said. "Prices are going to have to come down."

Among the names ru-moured to be available are Ben Duffy of the P.E.I. Rocket, Stephen MacAulay, Kevin Ga-gne and Pierre Durepos of the Saint John Sea Dogs and Stefan Fournier and Brandon Hynes of the Victoriaville Tigres.

Russell, however, isn't naming any names, saying only that he is looking for someone who "can come in and help us up front" and that he's "very close on one deal and there are a few others we're work-

But one thing is crystal clear. With the stinging loss of do-everything captain Cameron Critchlow, Russell covets grit, leadership and all-around play more than skill and scor-

ing ability.

"If you look at the Memor-"If you look at the wienfortial Cup, some of the best players were guys like Critchlow," Russell said. "Character, hardworking guys who were able to get the job done. Some of the skilled guys struggled."

Muddying the waters is the Sherbrooke Phoenix expan-sion draft on Wednesday at 10 a.m. in Quebec City. Teams could protect 16 players and the Phoenix can select as many as two from the remaining re-

The Mooseheads have four over-agers returning — Steve Gillard, Sawyer Hannay, Brad Cuzner and Alexandre Cote and it's believed only Gillard is protected from the Phoenix, although the list hasn't been

made public. Who the Mooseheads lose on Wednesday could play a role in what moves Russell makes on the weekend.

"We'll know a lot more after Wednesday morning," Russell said.



Metro reporter Matthew Wuest will be at the QMJHL draft in Quebec City this week. Follow his coverage via **Ametroafiles on Twitter** or metronews.ca/sports.

On the web



Playoff beards are still in, though facial hair is all over the map at this Stanley Cup. Scan the code to find out which player in the final is king of the growth and who is opting for a

QMJHL. Sea Dogs players to re-enter NHL draft

Harbour Cole left-winger Ste-phen MacAulay and former Halifax Mooseheads goaltender Ma-thieu Corbeil will re-enter the NHL draft on June 22 and 23 in Pittsburgh.

MacAulay, St. Louis Blues draft choice (164th in 2010),

and Corbeil, a Columbus Blue Jackets pick (102nd in 2010), weren't signed by their respective clubs before Friday's deadline and will become free agents if not re-



selected. Both play-ers helped the Saint John Sea Dogs win back-to-back OMJHL championships in 2011 and 2012 along with a 2011 Memorial

Cup. As reported in Metro last Thursday, Mooseheads defenceman Saw-

yer Hannay (205th in 2010) is in the same situation after the Vancouver Canucks took a pass on signing him at the deadline.

MATTHEW WUEST/METRO

Golf

Three more golfers join skins game in Halifax

Calgary's Stephen Ames, former U.S. Open winner Lucas Glover and 2010 Canadian Open winner Carl Pettersson have joined the field for the Telus World Skins Game at Glen Arbour in Halifax from July 29 to 31. METRO

Auto Racing

P.E.I. man wins Lucas Oil 100 in N.B.

Jonathan Hicken of Brudenell, P.E.I., won the Parts for Trucks Maritime Pro Stock Tour's Lucas Oil 100 at Petty International Raceway in River Glade, N.B., on Saturday. John Flemming of Halifax was the top local finisher, placing sixth. METRO

Soccer. Canada plays to a goalless draw with the U.S. in friendly

Canada's men national team played the United States to a 0-0 draw Sunday in an international friendly.

The game's most exciting moments came in second-half stoppage time as both teams missed glorious chances to snatch a winner. Canadian substitute Simeon Jackson made things difficult for the U.S. defenders after entering the game as the home side pressed for its first win against its neigh-

bour in 27 years. He just failed to connect on a pass from Dwayne De

Rosario in stoppage time in front of the crowd of 15,247 at BMO Field in Toronto. Moments later, Canadian goalkeeper Lars Hirschfeld knocked a ball over the bar on a header from Clarence Goodson off a free kick.

While the U.S. team was playing its third exhibition game in a little more than a week, the Canadians were on the pitch together for the first time in more than three months as they prepare for the next phase of qualifying for the 2014 World Cup.

THE CANADIAN PRESS

Doughty making his dream a reality with the Kings

NHL. Fan-turned-star has been key in Los Angeles' 14-2 record on run to Stanley Cup

The seed was planted in Drew Doughty's mind long before he got this close to the sum-

As a kid who grew up worshipping the Los Angeles Kings, the slick defenceman envisioned himself helping lead the organization to a Stanley Cup. "Before I was even drafted

I had a ton of meetings with the L.A. Kings staff," Doughty recalled Sunday at the Kings practice facility. "Every single one of those meetings, Dean always brought it up to me: 'Are you going to be that guy to help us win that first Stanley Cup in franchise history? My answer was always 'Yes.'"

The Kings are oh-so-close to

making it a reality.
With a pair of 2-1 overtime victories over the New Jersey Devils to open the championship series, Los Angeles flew back across the continent with an opportunity to wrap it up at Staples Center. This is bordering on fantasyland stuff for Doughty, who grew up in London, Ont., as a Kings fanatic and owned small black-andsilver replica sweaters bearing the names Gretzky and Hrudey.

Those two men were key players in the Kings' only other previous trip to the Stanley Cup final, which ended with a loss to Montreal in five games in 1993.

The current group has gone further than any team in the franchise's 44-year history. Doughty's contributions have been impossible to ignore throughout the playoffs and he's taken it to another level at the most important time logging a team-high 32 minutes of ice time in Game 2 and scoring a highlight-reel goal to

These are exciting times for a Kings team that has steamrolled its competition and only dropped two games since the regular season ended in early April. It would take an upset of historic proportions for New Jersey to win the series.

Of the last six Stanley Cup finals that began with the road team winning the opening two games, five ended in sweeps. The other was over in

five games.
"We really believe we can win a game (Monday) night," Devils coach Peter Deboer said. "If we do, it's a different series." THE CANADIAN PRESS



Top-seeded Djokovic shaky in French Open victory



Novak Djokovic won even though he felt like nothing was working.

A much less-known player named David Goffin lost, but he walked out of Roland Gar-ros feeling like the luckiest guy in the world. It was a strange, grey Sunday at the French Open that didn't always fit the script and even included an early exit by the top-seeded woman. Victoria Azarenka.

The top-seeded man, Djokovic, punctuated the weirdness, in need of his third career comeback from two sets down to post a fourth-round victory over 22nd-seeded Andreas Seppi of Italy, 4-6, 6-7 (5), 6-3, 7-5, 6-3. 'Today, I played a very poor

match," Ďjokovic said. Goffin, in the draw as a "lucky loser" after falling in qualifying, found himself with a one-set lead against none other than his childhood favourite, Roger Federer, before falling 5-7, 7-5, 6-2, 6-4. At the end, the 21-year-old got a hug from the 16-time major champion that left him smiling.

"I've had an extraordinary week," he said. "I went through the quallies with a bit of luck. Then I played my best tennis. I played three great matches. The icing on the cake was to play

here with Roger."

Other than the fact that he grinded it out and won, and that his hopes of winning his fourth straight Grand Slam tournament — the "Novak Slam" — are still alive, Djokovic conceded there wasn't much to build on from this win, his 25th

straight in the majors.

"I'm not worried," he said.
"I'm just hoping that I can wake up tomorrow morning knowing that I'm in the quarterfinals. Forget this match today. Take the best out of it, which is that I'm proud I've been fighting, coming from two sets down." THE ASSOCIATED PRESS

Daniel Nestor

Canadian Daniel Nestor and Belarussian partner Max Mirnyi reached the quarter-finals of the French Open on Sunday with a 6-2, 6-4 defeat of American Scott Lipsky and Rajeev

The 39-year-old from Toronto will play in the semifinals against Australian Matthew Ebden and American partner Rvan Harrison.

MLB

Jays top Red Sox to avoid sweep

Jose Bautista hit a three-run homer and Drew Hutchison pitched seven effective innings as the Toronto Blue Jays defeated the Boston Red Sox 5-1 on Sunday afternoon at Rogers Centre

THE CANADIAN PRESS

NHL

Bruins goalie taking year off

Boston Bruins goaltender Tim Thomas confirmed Sunday on his Facebook page he will sit out next season.

Thomas says he plans to focus on "friends, family and faith

THE ASSOCIATED PRESS

Soccer

Canada holds U.S. to a draw in friendly

Facing CONCACAF powerhouse United States in a friendly at BMO Field Sunday night, the Canadians adopted a defence-first stance to keep a clean sheet in a 0-0 draw before 15.247 fans

TORSTAR NEWS SERVICE

Golf

Woods matches Nicklaus for wins

Tiger Woods picked the right place to match Jack Nicklaus for career PGA Tour wins, and with a shot that even left Nicklaus

Two shots behind with three holes to play, and his ball in an impossible spot behind the 16th green, Woods holed a flop shot from 50 feet away that turned bogey into birdie and sent him on his way to a stunning comeback Sunday in the Memorial.

It was his fifth win at Muirfield Village, and the 73rd of his PGA Tour career to match Nicklaus at No. 2 all-time. Sam Snead won a record 82 times

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Across

- 1 Azure gem
- 6 Gear tooth
- 9 Jungfrau, e.g.
- 12 Skip a phoneme
- 13 Rd.
- 14 Earl Grey, e.g. 15 "Bananas" director
- 16 Fireplace tool
- 18 Sailor of India
- 20 Send forth
- 21 Past
- 23 Many millennia
- 24 Talkative
- 25 Layers
- 27 Founded
- 29 Acceptable 31 A little lower?
- 35 Giraffe's cousin
- 37 Memorandum
- 38 Kitchen fixture
- 41 E.T.'s carrier
- 43 Felon's flight
- 44 Desire
- 45 Wily
- 47 Hangman's structure
- 49 Became immobile
- 52 Expert
- 53 Water (Fr.)
- 54 Newsman Newman
- 55 Roulette bet
- 56 Catcher's place

57 Oxidizes

Down

- 1 Meadow 2 Every last crumb
- 3 Cushions
- 4 Concept
- 5 Logic 6 Poolside shelter
- 7 Finished
- 8 Toothpaste type
- 9 Fermi's bits
- 10 Clark's companion
- 11 Meat pie 17 Prelude
- 19 Charmed slitherer
- 21 Deluge refuge
- 22 Sticky stuff
- 24 "Holy cow!" 26 Sandbox toy
- 28 Work hours 30 — out a living
- 32 Ensues
- 33 Greek vowel
- 34 Sleep phenom
- 36 Chase
- 38 Fructose, for one
- 39 Vestige
- 40 Looked slyly
- 42 Bid
- 45 Vacationing 46 Language of Pakistan

15 16 19 33 46 48 50 54 52

- 48 "- the ramparts ..."
- 50 Pimple
- 51 Type measures

	7		1		3		8	
		4	9		7	5		
8								6
		8		2		3		
9								7
		7		1		6		
7								3
		9	2		8	4		
	8		4		5		1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

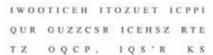




Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.



KSFSZPM Yesterday's Cryptoquip: WHEN THE FEUDAL BONDMAN GOT OUT OF BED, HIS FELLOW VASSALS MIGHT VE PROCLAIMED "SERF'S UP!" Today's Cryptoquip Clue: R equals D



For today's crossword answers and for expanded horoscopes, go to metronews.ca



T Aries | March 21 - April 20. Someone is about to find out just how much you dislike being taken

advantage of. Taurus | April 21 - May 21. Trust your own abilities, and trust

at fate is still on your side. that fate is still on your side. If Gemini | May 22 - June 20.

Someone you live or work with seems to be under the impression that each time they do something wrong you will forgive them. It may have been true in the past but it's ot true today.

Gancer | June 21 - July 22.

Keep tasks to a minimum today and think before you act. Or don't act

at all.

Leo | July 23 - Aug. 22. Before you make that purchase ask yourself if you really need it.

W Virgo | Aug. 23 - Sept. 22.

The planets suggest that little things will be more important than big things today, so focus on the kind of details that others tend to overlook On the home front especially your keen eve will spot danger quickly.

△ Libra | Sept. 23 - Oct. 22.

Everyone makes mistakes - yes, even a Libra - so put it down to experice and get on with your life.

M Scorpio | Oct. 23 - Nov.

21. How do you turn good ideas into cash? That is the problem you will need to resolve over the next few days, but you must not be rash

about it. Sagittarius | Nov. 22 - Dec.

21. Yes, it's true, someone has taken advantage of you, but seeking revenge isn't the answer. Today's

eclipse in your sign urges you to forgive those who have done you wrong. But don't forget or they may

Capricorn | Dec. 22 - Jan

20. The message of the stars for Capricorn this week is that not even someone as driven as you can change the world on your own

🏎 Áquarius | Jan. 21 - Feb 18. You must stick with the task or project you are working on, no matter w slowly it may be progressing.

Pisces | Feb. 19 - March 20.

Although you are under a lot of pressure at the moment you will find ways to deal with it. Pisces is an adaptable sign, so if one way does not seem to be working for you just try something else.

SALLY BROMPTON



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